

IBIZA Summer Pole and Yoga Camp

2019

18th May - 15th June

(4x7 days)



20 Classes included each week!

Pole Dance Classes

(small groups, all levels are welcome)

Yoga/Stretching Classes

(all levels are welcome)

*Aqua Fitness or Headstand Classes and
Exotic Pole Dance*

Scroll down for more details:



1. Why choose Ibiza Pole and Yoga Camp?

Ibiza is a magical island! You have to experience the vibe as it is impossible to explain! The biggest benefit of Ibiza is that it has beautiful tranquil

areas where people get together to meditate and watch the amazing sunset. It also offers another side for when you feel the need to distress and want to party and have fun. Ibiza has the most famous clubs in the world and during summer time they have parties every day:) That is why millions of people choose this island as their holiday destination every summer.



The Accommodation:

Our beautiful accommodation is located in the Sant Jordi area. It is close enough to the party capital Playa d'en Bossa but far enough to enjoy a relaxing day after the party night out.



There is a Supermarket close by, the beach Playa d'en Bossa is 2km away, the Airport is 6km.

I personally travelled to Ibiza to make sure i chose the best villa for our pole and yoga camp. This beautiful villa has a lovely swimming Pool, 4 bedrooms a living and dining room area, big kitchen and 2 bathrooms.

The En suite bedroom has a big double bed with a walk in wardrobe:))

There is one bedroom with a sofa bed, and another 2 bedrooms with 2 single beds in each.

The villa has air-condition, satellite TV, WIFI, washing machine, dishwasher, towels and pool towels

As you can tell this camp is not going to be crowded! This is a Family style camp:) Limited spaces available during the pole camp! Make sure you book on time!

What's included in the pole camp package?

1. Accommodation for 7 nights
2. Transfer from and to the Airport between 8am-8pm
3. Transport can be requested to the beach at Playa d'en Bossa (the main beach on the island) at siesta time

Food included:

1. Healthy fitness breakfast(details coming soon)
2. Tea and coffee
3. All inclusive protein shakes

4. Grill night once a week food included

Any time use of the grill just buy your food at the supermarket



“everyone in the group was so encouraging all working together, enabling everyone to progress! The host Judit and Greg so welcoming and worked tirelessly to make the whole experience suitable and fun for everyone. Want to do this again so bad!”

EXTRAS

1. Pole Practice for free of charge in your free time

2. Night out when we all get together and have some fun- food and drinks are not included

3. Entry to a raffle if you book your slot before the 31st of December.

The classes:

With free standing stage poles around the swimming pool we are going to have fun:) Who's going to master the splits in a week with daily stretching??



2019 IBIZA SUMMER SUPERWOMAN

POLE -YOGA CAMP

a fun week of pole dance, yoga, pilates, aqua aerobic,
stretching, SUNSHINE, PARTY and SEA :)

Available dates are:

18th May -25th May - off season (7 nights) Judit and Annabelle

25th May- 1st June - off season/ UK school half term (7 nights) Judit
and Annabelle FULLY BOOKED

1st June - 8th June - high season (7 nights) Judit and Annabelle FULLY
BOOKED

8th June - 15th June - high season (7 nights) Exotic Pole Dance Week!

Judit and Keri Please note this week there are no aqua fitness or headstand classes,
instead we will have 1stretching class and 1 exotic pole classes and 2 chair dance
classes/day.

Program:

Arriving from 2pm.

Welcome package, take a look at your room and relax at the swimming
You can relax next to our lovely private swimming pool, or you can
discover the Island.

On your last day:(you have to leave the villa by 10am. Before you go
you can book your slot for the next pole camp:)

pool, get ready for your first day at the camp:)

Timetable:

Breakfast

9:00am

45 minutes Morning Balance class

9:30am

120 minutes Pole Dance classes

10:15am

45 minutes Dance, Aqua Fitness, Headstand class

12:30pm

ON WEDNESDAY BREAK DAY:)



Scroll down for prices:

The living room:



The bathroom:



Fully equipped kitchen:



Annnnnnddd the Swimming Pool:)))







Outside area:



1st package:

En Suite Double Bedroom

Double bedroom with en suite and Walk in wardrobe view to the swimming pool.

Weekly price shared between 2 people

£ 1550/room

Weekly price for 1 person

£ 1299/room

5% off if you would like to stay for 2 weeks or more



2nd package: Private Double Bedroom

Double bedroom with a sofa bed, ideal if you prefer to have your own bedroom.

Weekly price: £ 899/room /person

Would you like to bring a friend or a partner who is not taking part of the activities? It is possible for a reduced price.

Weekly price: £ 1150/room

5% off if you would like to stay for 2 weeks or more



3rd package Shared room with 2 single bed

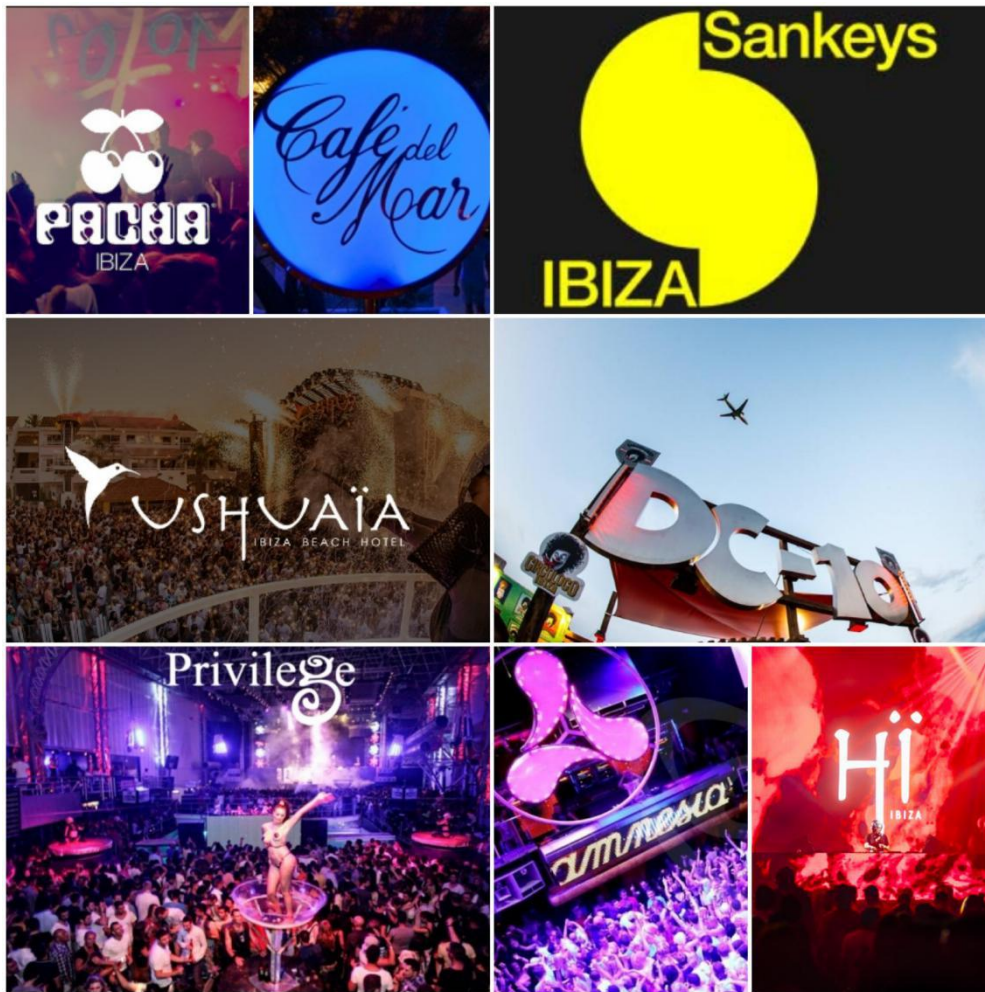
Each room has only 2 single beds so it's not too crowded.

Weekly price: £ 689/person

5% off if you would like to stay for 2 weeks or more



And finally don't forget you will be on the party island of the Universe:) So enjoy it...



Teachers:

Judit



As the owner of Superwoman Pole Dancing School I love teaching pole dance. It is more of a passion then a job for me. I really enjoy teaching people to feel more empowered and have more self confidence thorough the art of pole dance.

An ongoing dream of mine has been to organize a pole camp in Ibiza and now the dream is reality and it is happening for the 2nd time!! :) I have travelled to many different places around the world but my absolute favourite place has been Ibiza. This is where I really feel I can be myself and therefore a fantastic destination to host the second Superwoman Pole and Yoga Camp Ibiza 2019! The Superwoman Pole Camp in the year of 2018 was an overall success for us teachers and for the student too. Please take time to read some testimonials from the first year students:) The first Camp got fully booked a month before the starting date so make sure you book your slot on time as spaces are limited! We like to keep our camp family style so we don't allow too many people so we can keep the quality.

I have been teaching pole dance for over 6 years. I also teach stretching and Kangoo Jump classes. Our Summer Pole Camp is open to all levels, whether you are just starting your pole journey or have been on this adventure for a while. Participants will enjoy the mix of exercise styles we have to offer, as well as a unique holiday experience. 2019 will be my 7th time visiting the island so I would like to invite you to come with me and let's explore together! Let's have an unforgettable party with people from around the world.

Annabelle



I am a dance, fitness and pole instructor. Like a lot of pole addicts I now have the pleasure of knowing, I fell in love with this practice and love how pole dancing combines so many different elements and techniques as well as being such an empowering sport full of empowering people!

I am thrilled to be teaching for Superwoman Pole Camp 2019 for the second time! I look forward to being part of such a special event which aims to improve both the mind and body set in the stunning island of Ibiza.

Keri



Having been in the industry for over 20 years Keri is a guru in erotic entertainment.

She has performed her steamy saucy shows worldwide corrupting innocent people wherever she went.

She choreographs her own Showgirl and Burlesque troupes who have been featured on many TV shows including Britains Got Talent, Ant and Decs Saturday Night Takeaway, Big Brother and Towie.

Last year she entered her 1st competitions & placed 1st in The London Floorplay & 1st in all the Pole competitions she has entered other than The Authentics where she placed 2nd & 3rd.

She has also judged many competitions including The London & Scottish Floorplay & Mister & Miss Pole Comps.

She shares her wealth of experience at her 'Get your Sexy on' Workshops

where she teaches beginners to professionals her steamy moves helping them to develop amazing stage presence and perform show stopping moves!

Keri is very much looking forward to teaching her saucy workshops in The 2019 Superwoman Pole Camp.

Our Property Agency in Ibiza is:



Everything is possible

Everything is possible Ibiza S.L.

Calle Sa Tortora nº1

07817 - Sant Jordi de Ses Salines (Ibiza)

Spain



their office

our agents:



Julien (Not Paris Hilton!) and

Pedro

Please let us know if you like to see our booking confirmation of the villa or their terms and conditions.

Superwoman Pole Dancing School presents Ibiza Summer Pole Camps

www.superwomanpoledance.co.uk



Testimonials from 2018

“ I really liked all the planned days out. The classes were fun and varied for all levels. Pick up and drop off to the airport was an amazing bonus.”

“ Thank you for a memorable life changing holiday.”

“ I enjoyed the judgement free supportive atmosphere in the villa. The combinations of fitness activities versus

fun/bonding session was perfect. I will definitely book on
next year. “