



31<sup>st</sup> October  
to  
3<sup>rd</sup> November  
2025

Wiltshire  
Countryside



# Superwoman x Fearless

*Pole and Yoga Retreat*

**10+**  
**Workshops**  
**Special guest**  
**instructors**

 Browse our brochure for more info



# Our Pole Retreat journey began here in IBIZA 2018-2019...



*"I really liked all the planned days out. The classes were fun and varied for all levels. Pick up and drop off to the airport was an amazing bonus!"*

*"Thank you for a memorable + life changing holiday."  
-A.L*



And continued in Budapest  
in 2021...



*"I enjoyed the judgement free supportive atmosphere in the villa. The combinations of fitness activities versus fun/bonding sessions was perfect. I will definitely book on next year"*  
*-A.H*



**August Budapest  
Pole Camp is  
Fully Booked**



And now we are bringing  
our retreats to the UK...

## **Wiltshire Pole & Yoga Retreat 2025**

**31<sup>st</sup> October – 3<sup>rd</sup> November**

**10+ workshops included**

Yoga

Meditation/Mindfulness

Pole Flow/Fitness

Pole Tricks/Pole Choreo

Dance/Floorwork

Handstands/Headstands

Flexibility/Partner Stretching





We warmly welcome individuals of all experience levels to our workshops.  
All necessary equipment such as free-standing X-stage poles, yoga mats  
and blocks will be available on-site.

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**Specialist Teachers**  
+  
**Renowned Guest  
Instructors**  
=  
**The Ultimate Pole x Yoga Camp**

Learn from  
amazing  
teachers

Access to  
poles in your  
free time

\*T's & C's apply

Breakfast and  
two dinners  
included

Accommodation  
for  
3 nights



# Why choose Superwoman x Fearless Pole Camp?



Superwoman x Fearless Pole Schools are driven by a deep passion for empowering our students through pole dance. We cherish the strength, dedication, and loyalty of our incredible community.

Building on the success of our previous pole camps in stunning destinations like Ibiza and Budapest, we are delighted to invite both returning and new students to our upcoming retreat.

Situated in the picturesque Wiltshire countryside, this easily accessible location is just a drive or a train ride away from London.

Recognising the importance of dedicated practice time, we've carefully selected accommodation with ample space for on-site X-pole stage poles. This exclusive feature grants our participants the luxury of private access to the poles, allowing for focused training at their leisure.

Don't miss this opportunity to elevate your skills in a supportive and inspiring environment! And let's not forget the heated swimming pool, hot tub, roof terrace, pool and ping pong table, luxury kitchen, outdoor grill and fire place that is all included in our exclusive accommodation.



# The Accommodation:

Come and enjoy yourself at this awesome barn in Wiltshire. With fun touches everywhere it's nothing short of E.P.I.C.

There's The Spa Hall complete with a heated pool, hot tub and sauna to relax and unwind in. A barbecue kitchen, roof terrace bar, games areas and disco balls to dance under.

Admire the alpaca's getting on with their day from the roof terrace, and enjoy the pink pool table with friends in between workshops.

The interiors are quirky- think statement chandeliers, a pink sheep thrown in for good measure and did we mention the cinema room!?!

# Key Features:

- |                          |                            |                          |                       |
|--------------------------|----------------------------|--------------------------|-----------------------|
| <input type="checkbox"/> | Dog-friendly (fee applies) | <input type="checkbox"/> | Enclosed garden       |
| <input type="checkbox"/> | Hot tub                    | <input type="checkbox"/> | Cinema room           |
| <input type="checkbox"/> | Heated indoor pool         | <input type="checkbox"/> | Electric car charging |
| <input type="checkbox"/> | Countryside views          | <input type="checkbox"/> | Games room            |
| <input type="checkbox"/> | Parking                    | <input type="checkbox"/> | Outdoor kitchen       |
| <input type="checkbox"/> | Sauna                      | <input type="checkbox"/> | X-Stage Poles         |



## Experience The Pool House

Wooden beams and exposed brick walls give a cosy, country feel.

A bright, modern property with fun pops of colour make every room interesting and creative.

If you like games, there's giant chess, ping pong and a foosball table for playing with friends.

If you love food (who doesn't?) and cooking, you'll be drawn to the stylish kitchen and dining area where we welcome you to help yourself to tea/coffee and enjoy a midafternoon snack.





## The Bedrooms:

The house comprises of ten en-suite bedrooms, with either two single beds as a shared room option or with a king size bed as a private room option.





# What's included?

- Accommodation for 3 nights\*
- Breakfast
- Tea & Coffee
- Welcome Dinner
- Grill Night
- Goodie Bag
- Access to X-stage poles
- Workshops
- Options to explore local towns
- Night out to local Pub\*\*

\*Check in on Friday 31<sup>st</sup> from 5pm. Check out Monday 3<sup>rd</sup> November by 11am

\*\* Night out to the local pub does not include food and drinks

## Workshops

<input type="radio"/>	Pole Dancing	<input type="radio"/>	Pole Fitness
<input type="radio"/>	Handstands	<input type="radio"/>	Pole Flow
<input type="radio"/>	Yoga	<input type="radio"/>	Partner Stretching
<input type="radio"/>	Headstands	<input type="radio"/>	Mindfulness
<input type="radio"/>	Dance	<input type="radio"/>	Meditation
<input type="radio"/>	Conditioning	<input type="radio"/>	Aqua Aerobics

\*These workshops may vary in length subject to the specific class





Timetable coming soon....



watch this space!

10+ workshops included

Pole Dance + Fitness Workshops

Yoga/Meditation Workshops

Stretch/Flexibility Workshops

Handstands/Headstands Workshop

Mindfulness Workshop

Dance Workshop





## 1<sup>st</sup> package

## Private room with ensuite bathroom

Experience the ultimate in comfort and privacy in your own room, complete with a king-sized bed and a stylish ensuite. While you'll be kept busy with all we have to offer, your personal sanctuary awaits, where you can pamper yourself and enjoy moments of quiet bliss whenever you need to rejuvenate.

**Price for one person:**

Early bird first 5 bookings\*

**£1550**

**Price for one person:**

Normal price

**£1699**





## 2<sup>nd</sup> package

## Shared room with ensuite

A room with two single beds. Share comfortable accommodation with an ensuite bathroom, perfect for creating lasting memories with your pole wife, or soon to be new pole bestie. Enjoy the convenience of your private facilities while sharing the experience.

**Price /pp**

Early bird price first 5 bookings\*

**£799**

**Price /pp**

Normal price

**£899**







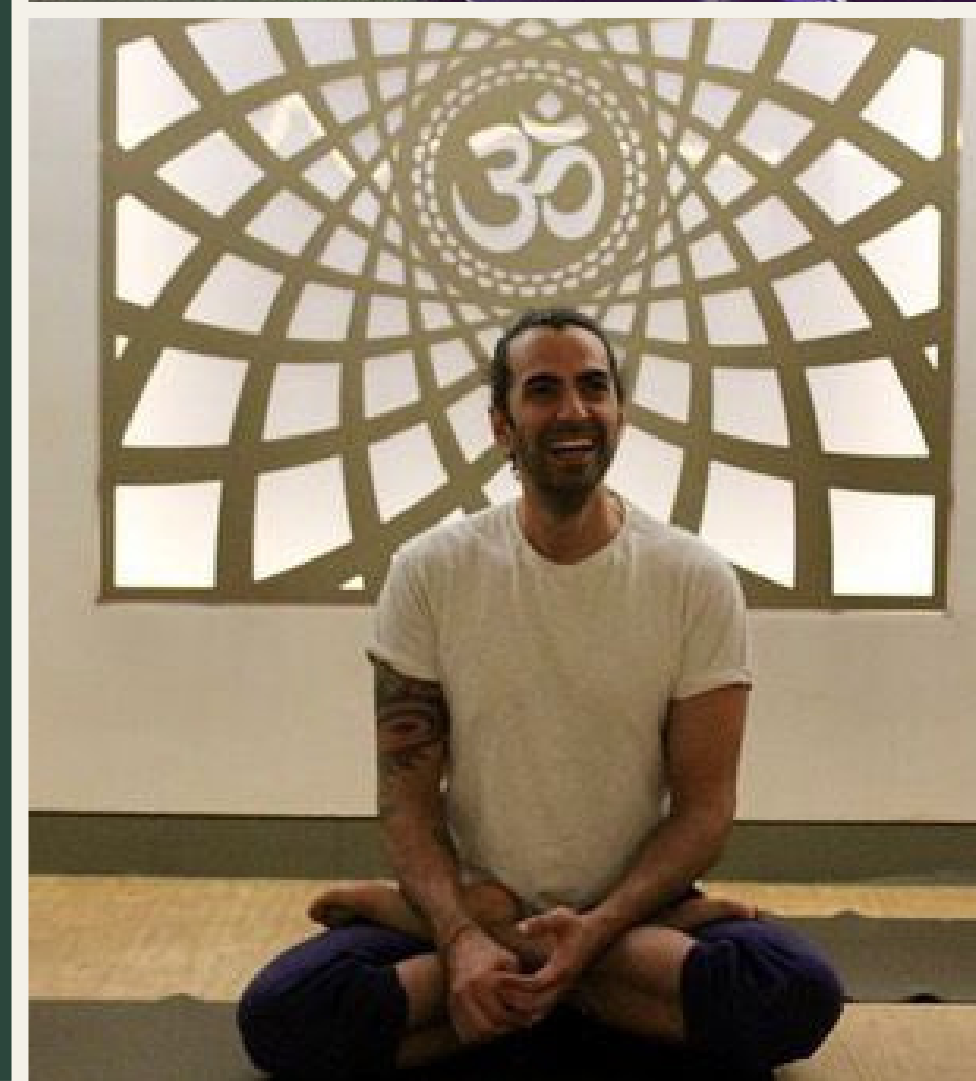
# The Teachers:

Judit

Annabelle

Hannah

Hassan







# Annabelle

@belle\_.rae

I am dancer, poler and potato lover!

Pole dancing has introduced me to the BEST people! And has taken me on an epic journey which resulted in the creation of my own studio Fearless Pole in 2023!

I believe there is a Pole Dancer inside EVERYBODY just waiting to dance!

I love how Pole blends diverse elements and techniques from many different mediums. It's not just a sport; it's an empowering art form filled with inspiring individuals such as Judit who I am honoured to call my Pole Partner In Crime and the Pole Guru who inspired me to start teaching Pole nearly 10 years ago!

I am thrilled to partner with Superwoman Pole Dancing School and help organise this truly special pole retreat, bringing students and teachers together in a unique setting. I had the pleasure of teaching at Superwoman Pole Camp Ibiza in 2018 and 2019 and I look forward to teaching, dancing and creating lasting memories with you all. Lets nurture both mind and body and eat all the carbohydrates amidst the stunning english countryside.

See you there!



# Judit

[@Juditsuperwomanpoledancing](#)

As the founder of Superwoman Pole Dancing School, teaching pole dance is more than a job; it's a true passion. I find immense joy in empowering individuals and building their self-confidence through the art of pole dancing. An ongoing dream of mine became a reality in 2018 when I organised our first pole camp in Ibiza. Following successful Ibiza retreats in 2018 and 2019, I expanded the retreats to Budapest for a city break-style pole camp. The Superwoman pole camps in Ibiza and Budapest have been a huge success.

This year, in collaboration with Fearless Pole, we have decided to organise a pole retreat for our students and for anyone else who would like to join us for an unforgettable experience in England! This retreat will be held in the beautiful Wiltshire countryside, just half an hour's drive from the world-famous Stonehenge!

Previous pole camps have been fully booked a month before the starting date, so make sure you book your slot in time as spaces are limited.

We take great care to maintain the quality of our retreats and foster a friendly and supportive environment, intentionally limiting the number of participants to ensure you get the most out of your Pole Camp experience. Our pole camp is open to all levels. Whether you are just starting your pole journey or have been on this adventure for a while, participants will enjoy the diverse range of exercise styles we offer, as well as a unique holiday experience. Having taught pole dance for over 12 years I really look forward to sharing my wealth of knowledge with you all!





# Hassan

[@hassanyoga](#)

Hello my name is Hassan Hassan and I believe strongly in the gifts of yoga, meditation and generally all things movement. I'm first a student of yoga then a teacher and have been fortunate enough to practice and teach all over the world across a broad spectrum of students ranging from teens to our elders in care homes, neuro diverse, severely injured and all shapes in between.

I've healed many injuries and mental barriers with yoga and believe in working compassionately with our bodies but also not shying away from challenge or facing all parts of our human experience. I enjoy watching the growth, healing, integration and transformations that occur when yogis step onto the mat. When not practicing yoga I do enjoy a bit of pole dancing or can be found walking dogs and cuddling on the sofa with them resting from a day of movement. Nature and Dogs particularly, really inform and validate my yoga practice and teaching as they are amazing mirrors of energy, always present and in the now which is a challenge for humans these days.

I'm looking forward to this years Pole Retreat and getting everyone prepared for fun times on the pole!







# Hannah

@Hannahrose\_aerial

Hannah is a pole dance instructor and circus artist based in London.

She has been training in pole & circus since 2009 and has extensive coaching experience of almost a decade.

She has won multiple UK titles, including being crowned the UKPPC Elite Champion twice and winner of the Best Tricks award 3 years in a row.

Hannah has also won international awards including 3rd place at the prestigious competition Pole Art France 2018. She is known for her dynamic and flowy style on the pole, and also performs as an aerialist – her pre-pandemic performing highlights included being part of the opening act at the BRIT awards.

Hannah believes that with hard work and persistence the impossible is achievable and loves sharing her passion for pole art with her students.



# Spaces are limited so make sure you book in time!

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*Love*  
*Annabelle*  
*+*  
*Judit*  
*xxx*







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*Pole and Yoga Retreat 2025*



@superwoman\_pole\_camp



@fearlesspole



superwomanpoledance.co.uk/poleretreat



fearlesspole.com/poleretreat